

## Vocation Prayer

**LORD**  
of the Harvest,

**BLESS**  
young people with the gift of courage  
to respond to your call. Open their  
hearts to great ideals, to great things.

**INSPIRE**  
all of your disciples to mutual love and  
giving – for vocations blossom in the  
good soil of faithful people.

**INSTILL**  
those in religious life, parish ministries,  
and families with the confidence and  
grace to invite others to embrace the  
bold and noble path of a life  
consecrated to you.

**UNITE**  
us to Jesus through prayer and  
sacrament, so that we may cooperate  
with you in building your reign of  
mercy and truth, of justice and peace.  
Amen.

– Pope Francis

Adapted from the Message on the  
51st World Day of Prayer for Vocations

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## Prayer for my family

Gracious God,  
Thank you for my family.  
Bless my family  
with love and joy.  
Bless my family  
with patience and kindness.  
Bless my family  
with a gentleness and generosity.  
Help us to welcome those in need,  
Forgive those who have hurt us  
And help us to live  
in peace with one another.  
Amen.



## Prayer for the sick

Lord Jesus,  
Healer of the sick, we turn to you in  
this time of illness.  
We ask you to touch us with your  
healing hand,  
Strengthen us, fill us with your grace.  
Heal us in mind, body and spirit,  
Help us to be always open to what  
you ask of us.  
Thank you Lord, that our hope for  
healing is in you.  
Remember too Lord,  
the doctors, nurses and all those  
who care for the sick,  
Fill them with love and compassion.  
Fill me Lord, with faith, peace,  
strength and courage.  
Amen



## Prayer for seeking guidance on the other side

O Lord, you search me  
and you know me!  
You know when I sit and when I rise;  
You discern my thoughts from afar;  
Help me in this time of discernment  
To trust in you  
and where you might lead me.  
Grant me wisdom and  
understanding,  
Increase my knowledge of you  
and what you ask of me,  
Give me the faith and confidence to  
respond to your invitation  
To walk with you  
and explore the different options  
which lie before me.  
Amen





## Prayer for those struggling with their mental health

O Lord, comfort and relieve those who are troubled in mind and spirit.  
 Give them hope, peace and the consolation of a loving community.  
 Protect and guide those living with mental illness,  
 Keep them from exploitation, addictions or abuse.  
 Lord, watch over those who are, even now, contemplating suicide.  
 Stop their Hands and send someone to reach out to them,  
 Surround them with your healing love and presence,  
 May they always know they are not alone.  
 Amen.



## Prayer for expectant parents

Bless us, Lord,  
 as we prepare for this new life growing within me.  
 Grace us with a healthy child,  
 rich in spirit and joy.  
 We thank you, God,  
 for the wonder of creation  
 That we have conceived  
 through our love.  
 May this new life grow  
 through love and kindness  
 And may our love  
 always be with our child.  
 May we continue to grow in our love  
 for one another.  
 Amen.



## Prayer for forgiveness

If you forgive others  
 the wrongs they have done to you,  
 our Father in heaven  
 will also forgive you.  
 But if you do not forgive others,  
 Then your Father will not forgive  
 The wrongs you have done.

(Matthew 6:14-15)

